

## **“Being Imitators of Christ” ~ Philippians 4:13**

We can gain much from the words of the Apostle Paul on this subject in Philippians 4:13. Let's break it down.

**“For I”** ~ If you are on a team, then you know the focus is on ‘us’ and ‘we’, not ‘I’. But it starts with each individual buying in. Paul was speaking of himself and the fact that he had learned to survive and thrive in any and all circumstances. God places great value on you as an individual. The question is, what can you do for the benefit of the team?

**“Can Do”** ~ What a positive affirmation this was, *“For I can do”*... We must all possess the mental toughness that allows us to push through barriers and obstacles that would stop others. We must possess a “can do” attitude. We must be willing to push ourselves to places we have never been before.

**“All Things”** ~ With God, the impossible becomes possible. Paul didn't say I can do some things or most things... he boldly penned, *“I can do all things”*. Champions have that mindset.

**“Through Christ”** ~ Here in lies the key. It is through Christ and His working in our lives that we gain the confidence, faith and belief to be mighty conquerors. It is not about us pulling ourselves up by our Nikes, it is about a dependency upon Christ to lead us on.

**“Who Strengthens Me”** ~ Physical strength is a must in any collegiate sport but the power of God equips us with a mental toughness and confidence that allows us to attempt and achieve greatness. Acknowledging Him and seeking Him is a key to receiving His strength and power in our lives.

Let's go out tonight and draw on Christ's strength mentally, physically and spiritually to continue to build and grow us into godly individuals as we Imitate Christ!